

Warm-up: Coffee Break

30 minutes

1. Introduce warm-up by telling participants:

We've been working hard and it's time for our 15- minute coffee break. There are three places where we can go to get a cup of coffee so we need people to divide up into three groups.

2. Divide into groups according to the following criteria:
 - a. people with short hair and people with long hair

Direct participants to go to their appropriate break location

Ask them to introduce themselves and share their WORST work experience. Have a volunteer list the reasons it was bad on the flipchart.

Report back from each coffee-break group

3. Then divide up again according to the following criteria:
people born: January-April, May-August, September-December

This time answer the following question:

“What is one reason you want to know more about your rights in the workplace?”

Report back from each coffee-break group

4. If you have time and want to do a third round, divide people according to some other criteria and ask a third question appropriate to the group.
5. Finish warm-up by announcing that the coffee-break is over and it's time to get to work!

Material: *Flipchart paper with questions for workers posted at each coffee-break site, tape, markers*